

LEVEL I: ADULT ASSESSMENT

TARGET POPULATION

- Patients with substance related issues and/or behavioural addictions and another major psychiatric diagnosis (DSM – IV).
- Patients with a significant psychiatric problem whose substance related issues and/or behavioural addiction affects the course and treatment of the psychiatric disorder.
- Patients experiencing substance related issues and/or behavioural addictions resulting in significant physical complications.
- Patients with a major physical disorder complicated by substance related issues and/or behavioural addictions, e.g. chronic pain.

GOALS

- To complete a comprehensive biopsychosocial assessment utilizing the Addiction Severity Index.
- To develop a treatment plan sensitive to the patient's Stage of Change and treatment goals.
- Assignment of an Addiction Centre Case Manager and consulting psychiatrist/physician to coordinate the patient's Addiction Centre treatment plan.
- To provide a written copy of the biopsychosocial assessment including treatment recommendations to the referring physician.

ACTIVITIES

- Engagement of the patient.
- Completion of the Addiction Severity Index.
- An appointment with the patient's significant other is arranged in order to promote patient engagement and treatment compliance.
- Written record of the patient's assessment and treatment recommendations are sent to the referring physician.

OUTCOME

- Patient is engaged in treatment and is prepared to actively participate in the treatment plan developed or is discharged due to lack of interest in treatment or lack of evidence of addiction.
- Referring physician is sent a copy of the comprehensive biopsychosocial assessment and diagnosis, including the treatment plan where applicable.