

ADOLESCENT ASSESSMENT

TARGET POPULATION

- Patients aged 13-17 years, with substance related issues and/or behavioural addictions and another major psychiatric diagnosis (DSM – IV).
- Patients with a significant psychiatric problem whose substance related issues and/or behavioural addiction affects the course and treatment of the psychiatric disorder.
- Patients experiencing substance related issues and/or behavioural addictions co-occurring with significant physical complications.
- Patients with a major physical disorder complicated by substance related issues and/or behavioural addictions, e.g. diabetes.

GOALS

- To complete a comprehensive biopsychosocial assessment utilizing the Adolescent Drug Abuse Diagnosis assessment.
- To obtain a developmental history and other collateral assessment information via consultation with parents/guardians.
- To develop a treatment plan sensitive to the patient's Stage of Change and treatment goals.
- Assignment of an Addiction Centre Case Manager and consulting psychiatrist/physician to coordinate the patient's Addiction Centre treatment plan.
- To provide a written copy of the biopsychosocial assessment including treatment recommendations to the referring physician.

ACTIVITIES

- Completion of a comprehensive assessment with the identified adolescent patient and their parent/guardian.
- Engagement of the patient and their family in the treatment plan.
- Written record of the patient's assessment and treatment recommendations are sent to the referring physician.

OUTCOME

- Patient and their family are engaged in treatment and prepared to actively participate in the treatment plan developed or is discharged due to lack of interest in treatment or lack of evidence of addiction.
- Referring physician is sent a copy of the comprehensive biopsychosocial assessment and diagnosis, including the treatment plan where applicable.